

REHAB CORE PHYSICAL THERAPY

www.ScoliosisHope.com

EQUIPMENT LIST

- Stall bars / Wall bars
 - Amazon - <http://www.amazon.com/3B-Scientific-Eucalyptus-Wood-Stall/dp/B008N3I93Q/>
 - Infitness - <http://infitnessequipment.com/product/wall-bar-for-scoliosis-7-6-high-pine-224/> (10% discount coupon is available in the office)
 - Vitavibe - https://www.vitavibe.com/RESTORE-Series-%E2%80%93-%E2%80%9Cschroth-Method%E2%80%9D-Therapy-Stall-BarSwedish-Bar-p_397.html
 - Artimex - <https://www.artimex-sport.com/us/products/therapy-and-scoliosis-stall-bars-beech-wood-7-6-1-2-high-code-221-f-2-reha-2573>
- Chin up bar - if you don't have a wall bar(<http://www.amazon.com/Sunny-Health-Fitness-Door-Chin/dp/B0016BNDXI>) or (<https://www.amazon.com/gp/product/B01KN17NTQ/>)
- Gait belt/Traction with plastic buckle (Available for sale in the office)
- Velcro/Waist belt (Available for sale in the office)
- 2 Wooden poles (7' tall) (Available for sale in the office)
- Exercise support pads (Available for sale in the office)
- Loop Strap (<https://www.amazon.com/Original-Stretch-Strap-Exercise-OTTP/dp/B00065X222>)
- 6 feet Thera-band (blue/green color)
- OTP M Mulligan mobilization belt (<https://www.amazon.com/OTTP-Mulligan-Mobilisation-Belt-635/dp/B002C9GNTY>)
- Exercise Mat (<http://www.amazon.com/gp/product/B00GFZHVW4>)
- Air Stability Wobble Cushion (<https://www.amazon.com/gp/product/B007LX6MPG>)
- Pilates Ring (<https://www.amazon.com/gp/product/B078KFF7ND/>)
- Stool and step stool
- Physio Ball (check size 55", 65" or 75") (<https://www.amazon.com/dp/B07RX3645K>)
- Small Ball
- Small and Large Towels
- Full body mirror